

# **Lesson 18 – Healing and Reconciliation**

Grade 4 - Chapter 18

## **KEY CONCEPT**

*God's forgiveness is offered to all who are truly sorry and seek it. The Sacraments of Reconciliation and the Anointing of the Sick celebrate God's healing love.*

## **QUICK SESSION OVERVIEW**

**STEP 1 - WELCOME**

**STEP 2 - INVITE**

**STEP 3 - DISCOVER**

**STEP 4 - LIVE**

**STEP 5 - CLOSING**

## **Finish Lent Strong!**

### **- Quote from Pope Benedict XVI on Lent**

“Lent is like a long ‘retreat’ during which we can turn back into ourselves and listen to the voice of God, in order to defeat the temptations of the Evil One. It is a period of spiritual ‘combat’ which we must experience alongside Jesus, not with pride and presumption, but using the arms of faith: prayer, listening to the word of God and penance. In this way we will be able to celebrate Easter in truth, ready to renew the promises of our Baptism.”

## ***STEP 1 - WELCOME***

### **TIP**

**Community Activity – word search**

## ***STEP 2 – INVITE***

### **TIP**

**Memorare**

**Let us Pray (pg. 243)**

**Read scripture passage**

**Ask the What do You Wonder questions and discuss**

## ***STEP 3 – DISCOVER***

### **TIP**

#### **God's Forgiveness (pg. 244)**

- **Ask who is forgiven?**
- **Read paragraph.**
- **Read Scripture passage about Zacchaeus**
- **Ask – Why was Zacchaeus unpopular?**
  - **How did Zacchaeus change after he met Jesus?**
  - **Point out that Jesus offered friendship and that this led to the change in Zacchaeus.**
  - **Ask: Who has taught you the most about forgiveness? What did that person or person say or do?**
- **Remind the children that even though God already knows what we have done, we still need to confess our sins. In telling God, through the priest, we experience God's forgiveness in the Sacrament of Reconciliation.**
- **Ask – What does temptation mean? (wanting to do something we shouldn't. We practice virtue when we resist temptation)**

#### **Conversion (pg 245)**

- **Read paragraphs**

### **The Sacrament of Healing (pg. 246)**

- **Ask – How does the Church celebrate forgiveness and healing?**
- **Read paragraphs**
- **Review that there are 2 types of sin: venial and mortal. Venial sins are less serious, and these sins are forgiven whenever we receive the Eucharist. Mortal sins are serious sins, and only receiving the Sacrament of Reconciliation can forgive these sins.**
- **Mortal sin breaks a person's relationship with God. For a sin to be mortal these 3 conditions have to be met:**
  - 1. It is a serious sin.**
  - 2. You know it is wrong.**
  - 3. You freely choose to do it.**
- **You should not receive communion while in a state of mortal sin. When a person commits a mortal sin, they should go to confession as soon as possible. God forgives any sin, no matter how serious it is, as long as the person is truly sorry and tries to be a better person. If a person dies while in a state of mortal sin, they cannot enter heaven. The word "mortal" means "death". Our soul "dies" when it is in a state of mortal sin, but God's forgiveness restores us to life. There are souls in hell because they refused God's mercy and chose eternal separation from God through sin.**
- **Anyone over the age of seven (the "age of reason") can commit a mortal sin, which is why the Sacrament of Reconciliation is first offered for kids in second grade. Here are some examples of sins that can be mortal depending on the situation:**
  - **Worshipping false Gods (idolatry)**
  - **Rejection of God or not believing in him**
  - **Stealing something valuable**
  - **Speaking ill of God**
  - **Disrespecting sacred things (especially the Eucharist)**
- **Venial sin is a sin that weakens a person's relationship with God, but does not destroy it. We have to purify ourselves of the effects of venial sin by doing penance either here on earth or in purgatory before we can enter heaven.**
- **Discuss:**
  - **Why do people sin, even though they know it's wrong?**
  - **How could a venial sin lead to a more serious sin?**
  - **How often do you go to confession?**

### **God's Healing Love (pg. 247)**

- **Read paragraph**
- **Read Scripture passage**

**Activity – What will Help?**

***STEP 4 – LIVE***

**TIP**

**Our Catholic Life**

- **Ask: How can you prepare to receive God's forgiveness?**
- **Read paragraphs**

**Activity – Review the Before you go sheet**

**Look at the Examination of Conscience sheet**

**Read paragraphs**

**People of Faith**

- **Discuss about Venerable Matt Talbot**

***STEP 5 – CLOSING***

**TIP**

**Pray:**

- **Our Father**
- **Memorare**

**Take Homes:**

- **Family and Faith**
- **Chapter and Unit Review**

## **Examination of Conscience**

### **I. I am the Lord your God. You shall not have strange gods before me.**

Do I give time every day to God in prayer?

Do I put my trust in superstitions, good luck charms, rather than God alone?

Have I rejected any Church teaching or denied that I was a Catholic?

Have I wanted more things, making things or money more important than God?

Have I made an idol of sports or entertainment figures?

### **II. You shall not take the name of the Lord your God in vain.**

Have I used the words "God" or "Jesus" in anger or irreverently?

Have I used foul or ugly language? Have I wished evil on another?

Do I use God's name carelessly?

Do I use God's name in anger?

### **III. Remember to keep holy the Lord's day.**

Have I missed Mass on Sunday or any holy day of obligation?

Do I arrive at church late or leave early?

Do I try to be reverent and pay attention during Mass?

Do I avoid unnecessary work on Sunday?

Do I make Sunday a day of prayer or rest?

Did my behavior make it difficult or impossible for my parents to get to church on time?

Have I remembered to pray daily?

### **IV. Honor your father and your mother.**

Do I respect and obey my parents?

Am I willing to help around the house or must I be nagged a hundred times?

Do I try to get along with my brothers and sisters?

Am I a tattletale or bully?

Do I give a good example, especially to younger siblings?

Do I respect others in authority: priests, nuns, police, old people, baby-sitters?

Have I done my chores without complaining?

Do I do my chores without being reminded?

Have I been disrespectful to teachers, coaches or others in authority?

### **V. You shall not kill.**

Do I beat up others or hurt their bodies?

Do I say cruel things, or make fun of others to hurt their feelings?

Do I say mean things about others behind their backs?

Have I stopped speaking to anyone?

Do I encourage others to do bad things?

Do I keep my patience or do I lose my temper?

Do I hold grudges and try to get even with others?

**VI. You shall not commit adultery.**

Do I treat my body and other people's bodies with purity and respect?

Do I look at television shows, movies, or pictures that are bad?

Am I modest in my speech and the clothes I wear?

Do I show respect for my body?

Do I respect the bodies of others?

Do I avoid harmful things like drugs, tobacco and alcohol?

**VII. You shall not steal.**

Have I taken things that were not mine from a store or another person?

Have I destroyed or misused another person's property for fun?

Do I return things that I borrow? In good condition?

Have I taken something that belongs to someone else?

Have I "forgotten" to return something that I borrowed?

Have I used money responsibly?

**VIII. You shall not commit false witness against your neighbor.**

Am I honest in my school work?

Do I tell lies to make myself look good?

Do I tell lies to protect myself from punishment?

Do I tell lies that make another person look bad or get them in trouble?

Do I play fairly or do I ever cheat at school or games?

Have I been honest or have I lied?

Have I hurt someone by what I have said or done?

Have I copied someone else's homework?

**IX. You shall not covet your neighbor's wife.**

Do I allow my parents to spend time with one another, or do I get jealous and want them to pay attention only to me?

Do I get mad when I have to share my friends?

Are there kids I will not play with or be mean to because they look different?

Have I been jealous of the friends that someone else has?

Have I tried to be kind to others?

**X. You shall not covet your neighbor's goods.**

Am I jealous or envious of the things or abilities that others have?

Am I thankful to God and my parents for what they have given me?

Do I share the things I have with my family, friends and poor people?

Have I been jealous of the things that my friends have?

Have I nagged my parents into buying things because my friends have them?

Have I helped others when they needed help?

Name \_\_\_\_\_ Date \_\_\_\_\_

## What Will Help?

For each picture in the left column, draw a kind of healing that will help the situation. Use the empty boxes in the right column for your drawings.

